

# A B D E

## SPRING GUIDE |

In John 15:1-17, Jesus promises our lives will bear fruit as we learn to trust Him and remain attached in an abiding relationship. By His grace, He produces the fruit of both Christ-like character and God-honoring works as our relationship with Him deepens and remains. Like any relationship, abiding requires frequency and depth. One 10-hour conversation a year does not make a deep relationship. Neither does a daily conversation about the weather. Both frequency and depth by His grace produce a glorious connection with God. This “ABIDE Guide” is a tool to help us abide in Christ by developing a healthy habit that can last a lifetime.

### HOW TO USE THIS TOOL

**Our goal is to spend at least 10 minutes a day with God through the Bible & prayer.** We’re human and will miss some days so we’ve included just 25 days a month to meet our goal, with extra days as a bonus! Turn to the back side for more resources on how to ABIDE with Jesus as we dive deeper into our relationship with Him.

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## | FEBRUARY

- DAY 1    DAY 14
- DAY 2    DAY 15
- DAY 3    DAY 16
- DAY 4    DAY 17
- DAY 5    DAY 18
- DAY 6    DAY 19
- DAY 7    DAY 20
- DAY 8    DAY 21
- DAY 9    DAY 22
- DAY 10    DAY 23
- DAY 11    DAY 24
- DAY 12    DAY 25
- DAY 13

## | MARCH

- DAY 1    DAY 14
- DAY 2    DAY 15
- DAY 3    DAY 16
- DAY 4    DAY 17
- DAY 5    DAY 18
- DAY 6    DAY 19
- DAY 7    DAY 20
- DAY 8    DAY 21
- DAY 9    DAY 22
- DAY 10    DAY 23
- DAY 11    DAY 24
- DAY 12    DAY 25
- DAY 13

## | APRIL

- DAY 1    DAY 14
- DAY 2    DAY 15
- DAY 3    DAY 16
- DAY 4    DAY 17
- DAY 5    DAY 18
- DAY 6    DAY 19
- DAY 7    DAY 20
- DAY 8    DAY 21
- DAY 9    DAY 22
- DAY 10    DAY 23
- DAY 11    DAY 24
- DAY 12    DAY 25
- DAY 13



## CHOOSE A BIBLE READING PLAN

- <http://www.ligonier.org/blog/bible-reading-plans/>
  - 16 downloadable Bible reading plans
- <https://thebibleproject.com>
  - Digital Bible reading plan with summary videos
- <https://www.youversion.com>
  - Best app for hundreds of plans and even audio Bibles
- <https://www.keysforkids.org>
  - Devotional plan & app for kids & families

## ARTICLES ON HOW TO ENGAGE WITH GOD IN WORD & PRAYER

- <http://desiringgod.org/articles/how-to-read-the-bible-for-yourself>
- <http://ftc.co/blog/posts/5-strategies-for-daily-bible-reading>
- <http://desiringgod.org/articles/resolved-to-read-the-bible>
- <http://navigators.org/resource/the-word-hand>
- <https://www.desiringgod.org/articles/six-questions-to-ask-when-studying-the-bible-in-a-group/>

## BOOKS TO GO DEEPER

- *How to Read the Bible for All It's Worth* - Gordon D. Fee
- *Reading the Bible Supernaturally* - John Piper
- *Taking God at His Word* - Kevin DeYoung
- *Prayer: Experiencing Awe & Intimacy with God* - Tim Keller
- *The Celebration of Discipline* - Richard Foster

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## TIPS FOR DEVELOPING A HEALTHY HABIT

- Set a consistent time every day - use a reminder on your phone!
- Set small goals: make it 7 days in a row then celebrate!
- You're not alone: grab a partner and hold each other accountable.
- Competitive? Challenge a friend or another LifeGroup.
- Celebrate: Share what God is doing with a friend or email us at [ABIDE@ShareTheLife.org](mailto:ABIDE@ShareTheLife.org)

## THE S.O.A.P. METHOD FOR PRAYERFUL BIBLE READING

- **S**cripture - read the text
- **O**bservation - ask three questions:
  - What have you learned about God?
  - What have you learned about people, including yourself?
  - What have you learned about relating to God & other people?
- **A**pplication - apply what you've learned
- **P**ray - pray to God about what He's revealed