

A B D E

WINTER GUIDE |

Abiding is hard... but worth it. In John 15:1-17, Jesus promises our lives will bear fruit as we learn to trust Him and remain attached in an abiding relationship. By His grace, He produces the fruit of both Christ-like character and God-honoring works as our relationship with Him deepens and remains. Like any relationship, abiding requires **frequency** and **depth**. One 10-hour conversation a year does not make a deep relationship. Neither does a daily conversation about the weather. Both frequency and depth by His grace produce a glorious connection with God. This "ABIDE Guide" is a tool to help us abide in Christ by developing a healthy habit that can last a lifetime.

HOW TO USE THIS TOOL

Our goal is to spend 10 minutes a day, engaging with God through His Word & prayer. **The front page is designed to develop frequency** through daily check boxes to mark as we spend at least 10-minutes a day with God through the Bible & prayer. Set a regular time to meet with God and watch the relationship grow as you develop consistency. We're human and will miss some days so we've included just 25 days a month to meet our goal, with extra days as a bonus! **The back page is designed to develop depth.** Lists of resources point us to curated Bible reading plans and devotionals for all ages and stages of life. Short articles and blogs can teach us how to read the Bible prayerfully. Hand-selected books are listed for those who want to go even deeper. Let 2018 not just be a year to survive, but a year to thrive as we abide in Jesus!

| JANUARY

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|-----------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| <input type="radio"/> DAY 1 | <input type="radio"/> DAY 6 | <input type="radio"/> DAY 11 | <input type="radio"/> DAY 16 | <input type="radio"/> DAY 21 |
| <input type="radio"/> DAY 2 | <input type="radio"/> DAY 7 | <input type="radio"/> DAY 12 | <input type="radio"/> DAY 17 | <input type="radio"/> DAY 22 |
| <input type="radio"/> DAY 3 | <input type="radio"/> DAY 8 | <input type="radio"/> DAY 13 | <input type="radio"/> DAY 18 | <input type="radio"/> DAY 23 |
| <input type="radio"/> DAY 4 | <input type="radio"/> DAY 9 | <input type="radio"/> DAY 14 | <input type="radio"/> DAY 19 | <input type="radio"/> DAY 24 |
| <input type="radio"/> DAY 5 | <input type="radio"/> DAY 10 | <input type="radio"/> DAY 15 | <input type="radio"/> DAY 20 | <input type="radio"/> DAY 25 |



CHOOSE A BIBLE READING PLAN

- <http://www.ligonier.org/blog/bible-reading-plans/>
- 16 downloadable Bible reading plans
- <https://thebibleproject.com>
- Digital Bible reading plan with summary videos
- <https://www.youversion.com>
- Best app for hundreds of plans and even audio Bibles
- <https://www.keysforkids.org>
- Devotional plan & app for kids & families

TIPS FOR DEVELOPING A HEALTHY HABIT

- Set a consistent time every day - use a reminder on your phone!
- Set small goals: make it 7 days in a row then celebrate!
- You're not alone: grab a partner and hold each other accountable.
- Competitive? Challenge a friend or another LifeGroup.
- Celebrate: Share what God is doing with a friend or email us at ABIDE@ShareTheLife.org

ARTICLES ON HOW TO ENGAGE WITH GOD IN WORD & PRAYER

- <http://desiringgod.org/articles/how-to-read-the-bible-for-yourself>
- <http://ftc.co/blog/posts/5-strategies-for-daily-bible-reading>
- <http://desiringgod.org/articles/resolved-to-read-the-bible>
- <http://navigators.org/resource/the-word-hand>
- <https://www.desiringgod.org/articles/six-questions-to-ask-when-studying-the-bible-in-a-group/>

BOOKS TO GO DEEPER

- *How to Read the Bible for All It's Worth* - Gordon D. Fee
- *Reading the Bible Supernaturally* - John Piper
- *Taking God at His Word* - Kevin DeYoung
- *Prayer: Experiencing Awe & Intimacy with God* - Tim Keller
- *The Celebration of Discipline* - Richard Foster

THE S.O.A.P. METHOD FOR PRAYERFUL BIBLE READING

- **S**cripture - read the text
- **O**bservation - ask three questions:
 - What have you learned about God?
 - What have you learned about people, including yourself?
 - What have you learned about relating to God & other people?
- **A**pplication - apply what you've learned
- **P**ray - pray to God about what He's revealed