

May 14, 2023

FULL-HEARTED

UNDERSTANDING FINANCES + FAITH GROWTH

WEEK 1

Reflection:

1. **Circle 3 words** from the list below that describe how you feel generally about your personal finances.
2. **Underline 3 words** from the list below that describe how you feel about trusting God with your finances.
3. **Star 3 words** from the list below that describe how you would like to feel about trusting God with your finances.

Prayer:

Spend some time praying through where your heart is with regards to your finances; share with God, in prayer, your response to each of the 3 reflection prompts above.

Share:

Set a time with a trusted friend, your spouse, or your LifeGroup to talk through your reflection and prayer about your finances.

Soul Words - a list of words to help identify how you may be feeling

- HAPPY; cheerful, delighted, elated, encouraged, joyful, lighthearted, overjoyed, pleased, relieved, satisfied, thrilled, secure, optimistic, pleased, comforted, reassured
- THANKFUL; glad, appreciative, refreshed, grateful
- MOTIVATED; energetic, enthusiastic, excited, playful, rejuvenated, talkative, pumped, driven, determined, obsessed
- AMAZED; stunned, surprised, shocked, jolted, enlightened
- ANXIOUS; afraid, uneasy, nauseated, nervous, restless, preoccupied, worried, scared, tense, fearful, terrified, insecure, indecisive, hyper-vigilant, cautious
- CONFIDENT; positive, secure, self-assured, assertive
- PEACEFUL; relieved, at ease, calm, comforted, cool, relaxed, composed, protected
- OVERWHELMED; apprehensive, boxed in, burdened, confused, distressed, guarded, hard-pressed, paralyzed, panicky, tense, weighted down, edgy
- TRAUMATIZED; shocked, disturbed, injured, damaged, unloved
- ANGRY; annoyed, controlled, manipulated, furious, grouchy, grumpy, irritated, provoked, frustrated, hateful, cold, icy, bitter, cynical
- LOW ENERGY; apathetic, beaten down, exhausted, tired, weak, listless, depressed, detached, withdrawn, indifferent, lazy, bored, disinterested, unmotivated
- ALONE; abandoned, deserted, isolated, cut off, detached, disconnected, unwanted
- SAD; unhappy, crushed, dejected, depressed, desperate, hopeless, grieved, heavy, despairing, weepy
- BETRAYED; deceived, fooled, duped, tricked, misled, skeptical
- CONFUSED; baffled, perplexed, mystified, bewildered, misunderstood, disoriented
- ASHAMED; guilty, mortified, humiliated, embarrassed, exposed, stupid
- DISAPPOINTED; let down, disheartened, disillusioned, distrustful
- INVISIBLE; forgotten, overlooked, unimportant, invisible, disregarded, lost
- DESPISED; ridiculed, dumb, belittled, mocked, scorned, shamed, hated, detested